

Dim Sum Platter ha gau, snow pea & crab meat dumplings served in a bamboo	8.00 basket
Combinations Platter prawn toast, spare ribs, seaweed, satay chicken & spring rolls	per head 6.00
Peking Duck served on a bed of prawn crackers, pancakes, Salad and plum sauce	Half 18.00
Fragrant Aromatic Duck served with pancakes, spring onions, cucumber and hoi sin sauce	Quarter 8.00
Seaweed shredded spring greens, with a sprinkling of roasted grounded	4.00 fish
Crispy Spring Rolls (meat or vegetables)	4.00
Peking Dumpling pastry stuffed with pork and lightly fried	4.00
Satay Chicken tender chicken on skewers served with traditional satay sauce	5.00
Capital Spare Ribs stir fried then topped with sweet & sour sauce	6.00
Salt & Chilli Spare Ribs crispy fried ribs served with spicy salt	7.00
Minced Pork Wrap served with lettuce & hoi sin sau	ce 10.00
Sesame Chicken crispy chicken fillet coated with sesame seeds & lightly fried	6.00

All Prices are inclusive of VAT
A 12.5% discretionary service charge will be added to your final bill

Seafood Platter satay prawns, salt & chilli squid, rice paper prawns, prawn on toast & seaweed	per head 8.00
Prawn Toast pieces of bread topped with prawn mix & sesame seeds and fi	<b>6.00</b> ried
Butter Garlic Squid deep fried to perfection, great with any wine	10.00
Garlic Prawns deep fried with butter & garlic	11.00
Salt & Chilli Prawns prawns fried in spicy salt with red chilli	11.00
Spicy Squid lightly fried with salt & pepper	10.00
Rice Paper Prawns served with sweet chilli sauce	6.00
Soft Shell Crab deep fried with spicy salt	each 6.00
Fresh Diver's Scallops steamed with shell, natural or black bean sauce ( min 2 )	each 7.00
Seafood Wrap served with lettuce & hoi sin sauce	12.00
Crispy Korean Oyster served with fresh lemon	10.00
Prawn Balls served with Sweet & sour sauce	10.00
Shark's Fin Soup served with Crab Meat or chicken	Broth 10.00
Creamy Sweet Corn Soup creamy soup served with chicken shreds or Crab Meat	4.00
Fish Maw & Crab Meat Soup a thick soup contains egg whites & chinese wine	8.00
Sai Woo ( West Lake ) Soup creamy soup with minced beef, corlander & egg	4.00
Classic Hot & Sour Soup with prawns, cha siu & preserved vegetables or veg	4.00
Won Ton Soup minced pork & prawns wrapped in filo type with Chinese leave	5.00 s in clear soup
Tom Yum Soup hot & spicy soup with herbs and praw	ns 6.00

	Fresh Dover sole whole doversole (1.5 lb) steamed with black bean sauce	35.00
1 ) )	Seabass whole Seabass (1.5 lb) steamed with ginger & spring onion	25.00
	Sweet & Sour Fish fish fillet with traditional sauce	10.00
	Asparagus Scallops X.O stir fried in XO sauce (hot & spicy)	16.00
	Sizzling Garlic Scallops fresh scallop fried with sea spice & garlic	16.00
	Squid with Black Bean Sauce fry with peppers & onions	10.00
	Ginger Squid with finely chopped spring onion & fresh ginger	10.00
	Sizzling Scallops & Prawns served mixed with ginger & spring onion	15.00
	Sizzling Oyster stir fried with traditional black beans sauce	12.00
	Mango Prawns stir fried with fresh mango slices	11.00
	Prawns with Ginger & Spring Onions king prawns cooked with special recipe	11.00
	Szechuan Prawns stir fried prawns with hot & spicy sauce	11.00
	Sweet & Sour Prawns with pineapple, sweet pepper & onions	11.00
	Ginger Lobster in shell whole lobster stir fried with ginger & spring onion	30.00
	Salt & Chilli Lobster whole lobster with shell wok fried with hot & spicy salt	30.00
	Hot & Chilli Lobster fresh lobster braised with finely chopped pepper, onion & garlic	30.00
	Abalone with Chinese Mushrooms	45.00

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]     	Sizzling Black Pepper Steak stir fried with shredded red & green pepper	14.00
1	Sizzling Ginger Steak wok-fried with ginger & spring onion, served on hot plate	14.00
	Crispy Chilli Beef beef shreds with chilli & carrot	10.00
	Mango Fillet Steak beef shreds with fresh mango	12.00
	Cantonese Fillet Steak wok-fried mixed with traditional chinese sauce	14.00
	Beef Slices with Sweet Pepper in black bean sauce	9.00
	Beef Curry slices of tender beef marinated and braised with pepper, onion & peas	9.00
	Baby "Pak Choi" Beef beef slices with seasonal chinese vegetables	9.00
	Cantonese Honey Pork pork coated with cha siu sauce and roasted to perfection	9.00
	Sweet & Sour Pork diced pork wok stirred with pineapple & sweet pepper	8.00
	BBQ Pork & Onion cha siu stir fried with sliced onions & wine sauce	8.00
	Celery & Char Siu BBQ pork stir fried with finely chopped garlic & celery	8.00
	Char Siu with Baby Pak Choi chinese baby vegetables with roast pork	8.00
	Cantonese Roasted Belly Pork freshly roasted pork with a crunchy skin	9.00

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To the second				VEGET	"Pak Choi" chinese white cabbage with oyster sauce "Choi Sum" chinese flowering cabbage stir fried with garlic	8.00 8.00
		Ginger Lamb h ginger & spring onion	11.00	VEGETABLES	"Gai Lan" mustard green with ginger sauce Assorted Vegetables mixed vegetables with oyster sauce	9.00 6.00
	Lailib Wi	th Celery & Lemon Grass ied with a hint of lemon grass	10.00	0)	Garlic Asparagus with wine sauce and crushed garlic	8.00
	Sizzling	ů	11.00		Water Chest Nuts & Cashew Nuts kung po style ( hot & spicy )	6.00
					Garlic Bean Sprouts stir fried with finely chopped garlic & ginger	5.00
					Chinese Mushrooms mushrooms on a bed of seasonal vegetable topped with oyster sauce	6.00
	Chicken fillet	o" Chicken with hot & spicy sauce	8.00		Chiw Yim Tofu crispy beancurd with spicy salt	6.00
		with ginger & spring onion a stirred with traditional recipe	8.00		Ma Po Tofu beancurd in hot sauce with minced meat	10.00
	Chinese	Mushroom Chicken stir with oyster sauce	8.00		Supreme Tofu Hot Pot assorted seafood, meat & vegetables with traditional sauce	10.00
		Sour Chicken with onion & pineapple	9.00			
		ack Bean Chicken on cooked with black beans, garlic & green pepper	8.00	AC	"Yeung Chow" Fried Rice special fried rice with roast pork, peas & egg	6.00
	Curry Ch	Curry Chicken chicken fillet in curry sauce	8.00	CON	Egg Fried Rice jasmine rice fried with egg, peas & garlic	4.00
	Crispy Lemon Chick	emon Chicken nicken topped with lemon sauce	8.00	/IPA	Steamed Fragrant Rice this is an accompaniment dish	3.00
	Cashew	Nut Chicken chicken fillet fried with cashev	vnuts 8.00	ACCOMPANIMENTS	Lotus Leaf Rice	10.00
	Mango E	Duck with sweet pepper & onion	9.00		fried with with assorted meat wrapped in lotus leaf (for 2)  Yin Yan Fried Rice	10.00
	Sweet Ginger Duck roasted Duck with sweet ginger & pineapple	9.00	TS	chicken sauce & a white crab meat sauce on king prawn rice base ( for		
	Duck wit	Poasted Duck with Sweet ginger & pineapple  Duck with Ginger & Spring Onion  stir fried boneless duck  9.00		Singapore Vermicelli fried noodles with prawns, pork, egg, red pepper & a hint of curry pow	7.00 der	
		Duck a must for duck lovers	9.00		Assorted Seafood Fried Noodle stir fried noodles with prawns, scallop & squid	10.00
					Needle with Been Careute	4.50

9.00

Cantonese Roast Duck

Black Pepper Roast Duck

freshly roasted to perfection

with mushrooms & black pepper

Noodle with Bean Sprouts

soft noodles with a hint of onion & spring onion

**Udon with Assorted Seafood** 

large rice noodle with prawns, scallops & squids

## **SET MENU**

## **HOUSE SPECIAL £22**

Variety Platter

satay chicken, honey spare ribs, spring rolls, prawn toast & seaweed

Chicken Sweet Corn Soup

Sizzling Ginger Lamb Sweet & Sour Pork Four Season Vegetables Egg Fried Rice

For 6 or more people add extra dish of Shredded Beef

## **CHEF'S RECOMMENDATION £28**

Variety Platter satay chicken, honey spare ribs, spring rolls, prawn toast & seaweed

Crispy Aromatic Duck served with pancakes & salads

Sizzling Black Pepper Steak Chicken with Cashewnuts

Sweet & Sour Prawns

Assorted Vegetables

"Yeung Chow" Fried Rice with shrimp, roast pork, peas & eggs

For 6 or more people add extra dish of Crispy shredded beef

## SEAFOOD £38

Crabmeat Sweetcorn Soup

Fresh Lobster Baked lobster with shell served in a choice of flavours a) Ginger & Spring Onion b) Hot & Spicy Salt c) Thai Sauce d) Black Bean Sauce

Sizzling Mixed Seafood

Stir fried prawns, scallop & squids with ginger & spring onions

Grilled Seabass Pak Choi with Garlic

4.50

11.00

Garlic Seafood Fried Rice

For 6 or more people extra dish of Salt & Chilli Prawns

Price are per head bases and are a min of 2 people Dishes may vary without prior notice • Some dishes may contain nuts





**London Regatta Centre** Dockside Road Royal Albert Dock E16 2QT T: 020 7473 6699 www.yi-ban.co.uk

12noon to 11pm 11am - 10.30 pm Bank Holidays 12noon - 10.30 pm